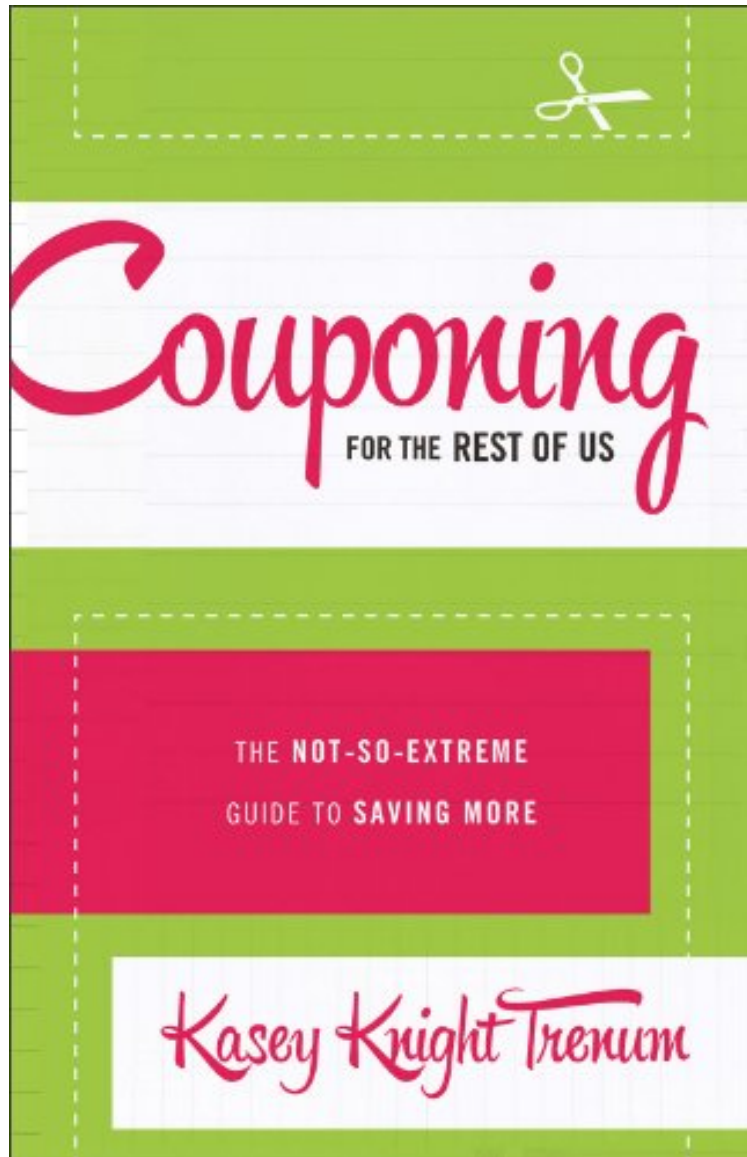


[Download] *Coupons for the Rest of Us: The Not-So-Extreme Guide to Saving More*

Coupons for the Rest of Us: The Not-So-Extreme Guide to Saving More

Kasey Knight Trenum

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Kasey Knight Trenum : Coupons for the Rest of Us: The Not-So-Extreme Guide to Saving More before purchasing it in order to gauge whether or not it would be worth my time, and all praised *Coupons for the Rest of Us: The Not-So-Extreme Guide to Saving More*:

9 of 9 people found the following review helpful. Not Your Run-Of-The-Mill Coupons Book By Griffin This book is not like any other coupons book you will find. It is so much more! Kasey Knight Trenum has the most honest,

humorous and, at times heart-warming perspective on couponing. She admits that she doesn't like couponing but explains how it is simply a means to help provide for her family. This book is the perfect tool for beginning couponers. Kasey has a great way of explaining every aspect of couponing in a simple to understand manner while at the same time sharing her own light-hearted stories that provide insight to all the information she is giving you. You will find yourself learning and laughing, even sometimes crying all at the same time! Kasey walks you through each step of couponing from where to get the coupons, organizing your coupons, how to use them, what to buy, where to buy and even how to store the abundance of food you will inevitably acquire through couponing all while saving your family money! Unlike a lot of "extreme couponing" books, shows and/or websites Kasey stresses the need for morals, ethics and integrity when couponing which is, in my opinion, sorely lacking in the world in general not just when shopping. She teaches how she has saved so much money for her family that it has allowed her to give to people in need and encourages us to do the same. I believe this book will not only change your family's financial situation but will also teach you how to find peace when faced with economic instability and hardships.

1 of 1 people found the following review helpful. AMAZING AND INSPIRATIONAL By Frugal Girl LOVE LOVE LOVE this book! It's very inspirational and gives GREAT tips on couponing without driving yourself crazy and without spending the hours of couponing!!! I've saved so much by reading this book!!!! She talks about how she HAD to coupon in order to make ends meet NOT because she wanted to be on TV! It's so nice to see a real wife, mother, daughter teach another real wife, mother, daughter couponing!

2 of 2 people found the following review helpful. Already paid for itself By drawlee This book is very autobiographical and somewhat preachy which explains the origin of some of her methods that didn't bother me I'm a story teller also and the info is very newbie friendly there are pictures to aid understanding and the shorthand is explained in depth . Using two of her principles this book has already paid for the money and time spent . It's Sunday -Off to get the paper !!

Not everyone is an extreme couponer. Most of us just want to save some money--not let clipping coupons and scouring the internet for deals take over our lives. For all the savvy shoppers out there, Kasey Knight Trenum has written *Couponing for the Rest of Us*. She knows that money is tight, food prices are going up, gas prices are closing in on unbearable, and people have better things to do than spend every spare minute (if they have any) obsessing over costs and coupons. She also knows coupons just happen to be a tool that can save a family hundreds of dollars every month and ultimately improve a family's finances and its future. *Couponing for the Rest of Us* shows readers:

- where to find coupons for what your family eats
- how to make the internet do the work for you
- how to find sale cycles and store match-ups (and what those terms mean!)
- how to reinvent your shopping strategy and toss your lists
- how to make grocery shopping less stressful--even fun!
- how to turn money saved into money shared
- and much more!

If readers want to save money and time, this book is a gold mine.

From the Back Cover Shop savvy, save money, and still have a life! Kasey Knight Trenum knows what it's like firsthand. When her family's finances were in a tailspin, she gritted her teeth and gave in to the need to save. In *Couponing for the Rest of Us* she shows you how she learned to save hundreds of dollars every month and offers time-saving tips and tricks you can easily implement in your busy life. You'll discover:

- where to find coupons for what your family eats
- how to reinvent your shopping strategy
- how to make grocery shopping less stressful--even fun!
- and much more!

If you want to save money and time, this book is a gold mine. "Prepare to be surprised by how easy it really is to slash your grocery budget by 50 to 70 percent consistently, week after week! Kasey takes you from start to finish using her uniquely simple strategies. You'll go step-by-step, from collecting coupons to getting organized to understanding store policies and secrets for how to maximize your savings--just like a pro!"--Mary Hunt, personal finance expert and founder of Debt-Proof Living, author of *7 Money Rules for Life*

Kasey Knight Trenum hosts *Time 2 Save / Time 2 Give*, a frugal and couponing blog (www.time2saveworkshops.com), and conducts *Time 2 Save* workshops frequently. Her weekly column can be read in Scripps newspapers nationwide, her work has been featured in *Parade* magazine and *All You* magazine, and she has been interviewed on HNL's *Making It in America* and NPR's *All Things Considered*. She has a personal passion for seeing women, men, and families find financial freedom, be empowered to improve their lives, and become purposeful givers. She and her husband and children live in Tennessee.

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