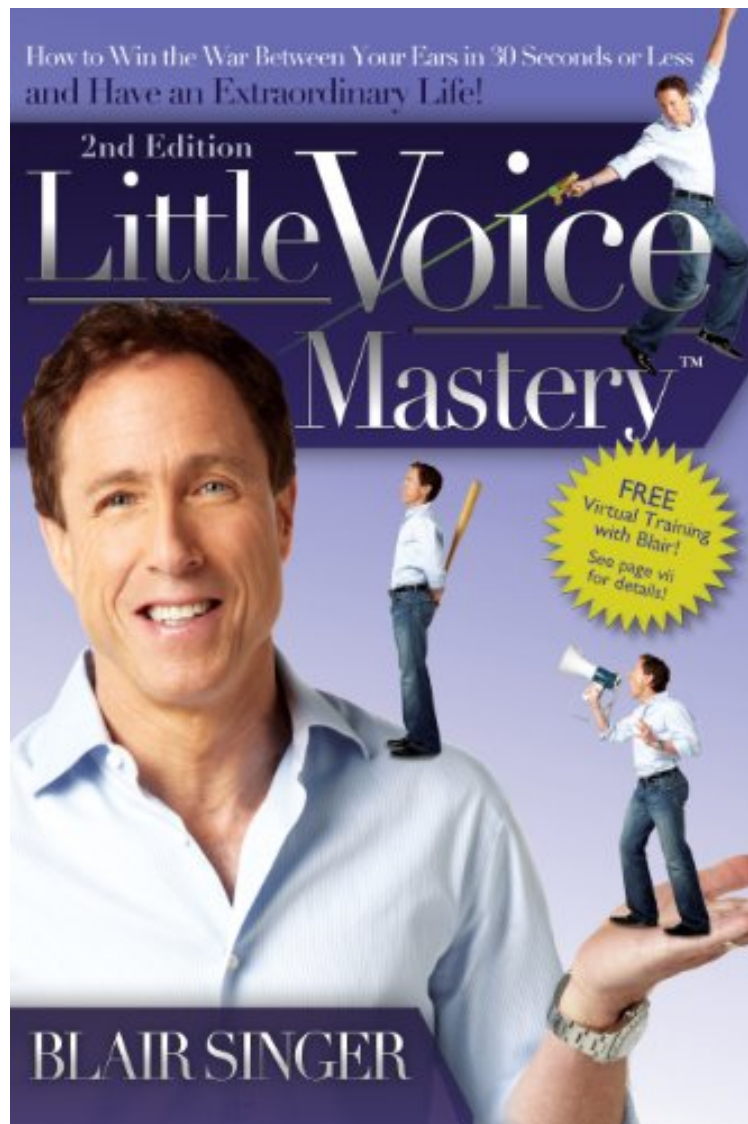


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Little Voice Mastery: How to Win the War Between Your Ears in 30 Seconds or Less and Have an Extraordinary Life!

Blair Singer

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Blair Singer : Little Voice Mastery: How to Win the War Between Your Ears in 30 Seconds or Less and Have an Extraordinary Life! before purchasing it in order to gage whether or not it would be worth my time, and all praised Little Voice Mastery: How to Win the War Between Your Ears in 30 Seconds or Less and Have an Extraordinary Life!:

1 of 1 people found the following review helpful. Practical and immediate help.By Ian de GrootThe book is easy to

read and the instruction can be easily implemented to make immediate difference to your life. This book is like all activities in life: no action, no change. Like all learning, it is not a straight line but performing the action in the book on a daily basis you can start to see the changes in your life. This is one of the easiest books to read and implement so unlike in the past I have got past page 10 and am still taking action on a daily basis I could recommend this book more highly. 4 of 4 people found the following review helpful. Know yourself to change yourself By Heather Poduska "Clear Voice Branding" If you have ever been stymied by fear and resistance while in pursuit of your goals, you are already familiar with your little voice. It's the negative chatter that gets in the way of our confidence and clarity. In his book "Little Voice" Mastery, Blair Singer teaches us how not to be a slave to that little voice, but instead take control of it. He explains how to change the messaging inside your head to something positive and powerful with 21 easy-to-follow exercises. However, no change comes without effort which is also explained. You must practice and have personal accountability. My favorite phrase in the book is "Somewhere else in the world, someone is practicing while you're not, and when you meet him, he will beat you." Mr. Singer's tone and style is never preachy, but instead supportive and empathetic. He is open about his own struggles with managing his little voice. It is obvious from his success that he has learned to manage it very well. 1 of 1 people found the following review helpful. An Elementary Primer By Customer Little Voice Mastery by Blair Singer is a book about overcoming self-sabotage. While I think his book is a good beginning primer on self-sabotage, I prefer Gay Hendrick's book, The Big Leap. In the first half of Singer's book, he does a good job of explaining self-sabotage, where it comes from and the four reasons people fail. I thought the techniques he wrote about to overcome self-sabotage were good but somewhat elementary. This would be a good book for someone who is first learning about self-sabotage and beginning their journey toward freedom and little voice mastery.

"Little Voice" is the chatter in the six inches between your ears that turns you into a hero one minute and a dunce the next. The 21 proven techniques presented here will reprogram the "Little Voice" in your brain in 30 seconds. In "Little Voice" Mastery, author Blair Singer delivers strategies and techniques that will give readers the ability to: Maintain power in any pressure situation and stop debilitating chatter in their brain so they can attract what they want - now. Uncover and realize lifelong dreams Break through self-sabotaging habits Build powerful, lasting confidence Resurrect the hero inside of them

About the Author For more than two decades, Blair Singer has empowered people around the world to go beyond their ordinary selves and reach peak performance rightfully earning him a worldwide reputation as an expert in sales, business and personal growth. A dynamic, in-demand public speaker, trainer and coach, Singer has the unique ability to get people and organizations to shake up the status quo, change behaviors and achieve unprecedented results. Spanning 20 countries on five continents his clients range from Fortune 100 companies to small business owners, entrepreneurs, sales teams and just regular folks while his programs touch hundreds of thousands of people globally each year. He applies the same tried and true principals that work for big corporations and successful entrepreneurs to the Business of Everyday Life helping individuals hungry for greater success. As one of Robert Kiyosaki's original Rich Dad Advisors, Singer imparts two of the most critical skills and elements for success in business (and in life): being able to sell your idea, dream or concept and to build a great team to deliver it. His unique slant however is that the road to success is paved through personal development and knowing how to overcome the limitations and obstacles that arise both personally and within groups. He is the author of three best-selling books: SalesDogs: You Don't Have to be an Attack Dog to Explode your Income; The Team Code of Honor, and his latest book, "Little Voice Mastery: How to Win the War Between Your Ears in 30 seconds or Less and Have an Extraordinary Life!" Singer is co-founder and CEO of SalesPartners Worldwide, a dynamic sales and personal growth training company deployed in over fifteen countries made up of professional mentors and business builders who work one-on-one with businesses and corporations to help them achieve double-digit growth in any economy. Around the world, he is considered the teacher of teachers in the world of personal development training and business education having created hundreds of training programs and trained thousands of individuals worldwide to replicate their expertise using his unique brand of high impact teaching methodology. While working with Blair we increased our insurance premium sales by over 600 million dollars while more than doubling our recruiting efforts... -Jason Tyne, World Financial Group Blair Singer is a great communicator, a great teacher and a great human being. Like he says, when it comes to winning, it's all about mastering your Little Voice." -Robert Kiyosaki, Rich Dad Poor Dad, author, teacher and entrepreneur"