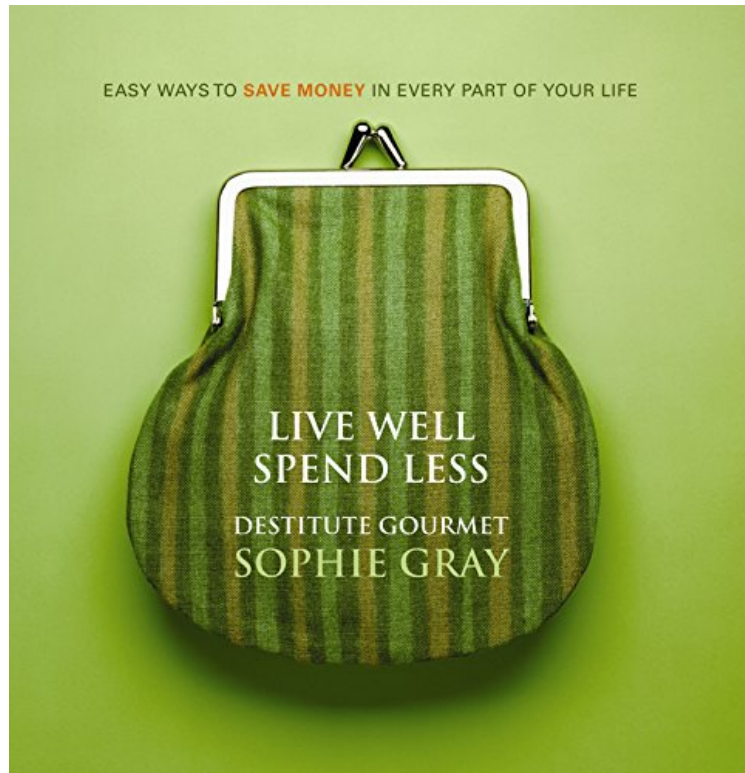


(Free) Live Well Spend Less: Easy Ways to Save Money In Every Part of Your Life

# Live Well Spend Less: Easy Ways to Save Money In Every Part of Your Life

*Sophie Gray*

*\*Download PDF | ePub | DOC | audiobook | ebooks*



DOWNLOAD



READ ONLINE

#1907127 in eBooks 2009-04-24 2009-04-24 File Name: B004VBHMGO | File size: 70.Mb

**Sophie Gray : Live Well Spend Less: Easy Ways to Save Money In Every Part of Your Life** before purchasing it in order to gauge whether or not it would be worth my time, and all praised Live Well Spend Less: Easy Ways to Save Money In Every Part of Your Life:

0 of 0 people found the following review helpful. excellent book!By Elaine WilsonLots of me bey saving tips. Good book. I did enjoy it , I didn't want to put it down. Wanting to see the next money-saving tip! Elaine Wilson0 of 0 people found the following review helpful. Very good bookBy wilson65The Destitute Gourmet allows delivers great information. Love all Sofie Gray's books. Excellent ideas and suggestions in this book. Great recipes in her other books.

Simple practical ways to save money in your household.This simple, practical and definitely not boring book on living well while spending less will appeal to families but also to students, flatters and fixed income households. It incorporates tips, suggestions and serious strategies but with a light-hearted, easy-to-apply and, honest approach. Covering all aspects of life, there are suggestions for making money as well using less of it. Sophie Grey aka the Desitute Gourmet wants to motivate and encourage rather than hector and lecture. It is not a book about investment, mortgage repayment or banking. Each chapter includes immediate as well as longer term suggestions. The immediate ideas are to capture the initial enthusiasm and motivation and longer term strategies will result in bigger savings given

time or effort. Topics include: food, energy, cleaning, cars, outdoors; family life, kids and money, leisure, celebrations, looking sharp and presents.

About the Author Sophie Gray is the face and inspiration behind Destitute Gourmet, the DG series of cookery books. She is a popular speaker and teacher on food, family life and finances, and writes regularly for Healthy Food Guide, Parenting magazine and [www.simplesavings.com.au](http://www.simplesavings.com.au). She is married to Richard and they have two children, Isabella and Jack. Sophie works fulltime communicating the destitute gourmet philosophy from their home in Auckland, New Zealand.