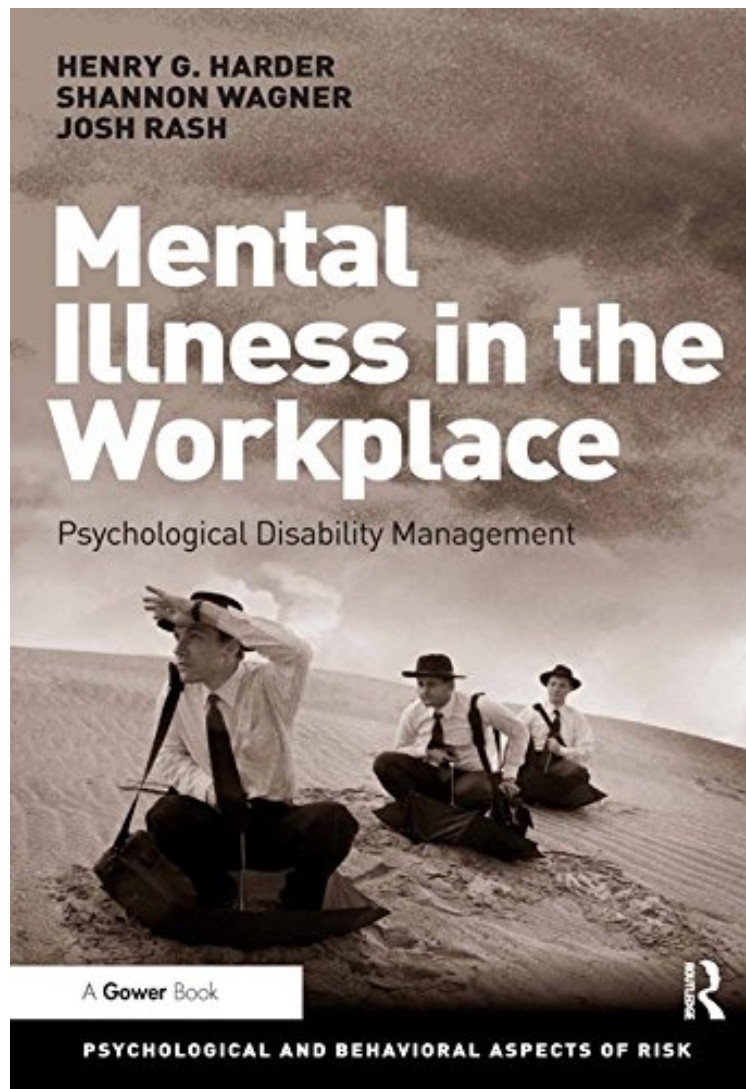


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## Mental Illness in the Workplace: Psychological Disability Management (Psychological and Behavioural Aspects of Risk)

*Henry G. Harder, Shannon Wagner, Josh Rash*  
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**Henry G. Harder, Shannon Wagner, Josh Rash : Mental Illness in the Workplace: Psychological Disability Management (Psychological and Behavioural Aspects of Risk)** before purchasing it in order to gage whether or not it would be worth my time, and all praised Mental Illness in the Workplace: Psychological Disability Management (Psychological and Behavioural Aspects of Risk):

0 of 0 people found the following review helpful. Five StarsBy Walker LaddIncredibly useful and comprehensive.

The extent of mental illness concerns in the workforce is becoming increasingly apparent. Stress, depression, anxiety, workplace bullying and other issues are costing businesses billions every year in lost productivity, poor treatments and employee retention. Unless appropriately addressed, issues related to mental illness difficulties will result in stiff financial, organizational, and human costs for organizations. The authors of *Mental Illness in the Workplace* provide a practical guide to identifying, understanding, treating and preventing individual and organizational mental health issues. They illustrate how organizations can save money and improve the health and well-being of their employees by using a psychological disability management approach in the treatment and accommodation of mental illness issues. Drawing on empirical evidence from North America, the United Kingdom, Australia and New Zealand, the book is in three parts. The first addresses the scope of mental health issues in the workplace. The second part describes the most common mental illnesses found in the workplace, while the third focuses on prevention and treatment of mental health issues. This book will meet the needs of human resources professionals, administrators of employee assistance programs, industrial and organizational psychologists, mental health practitioners, those teaching or studying psychology and disability management, and more generally will serve to enlighten students of business management and practicing managers regarding a major workforce risk factor.

'Harder and colleagues have produced a much needed, eminently accessible text focussed on mental illness and the workplace. With predictions of major labour shortages in many industrialised nations, employers urgently need to preserve their valuable human resources, including those workers with mental health issues. This book provides employers and others with practical management strategies to prevent and manage mental illness at work.' Nicholas Buys, Griffith University, Australia

'This text provides a useful overview of mental illness, its impact on individuals, society and the workforce, and practical strategies for addressing it in the workplace. The strategies outlined will not only benefit workers with existing mental illness, but all workers and employers via the creation of healthier workplaces that optimize the mental health and productivity of all members.' Christine Randall, Griffith University, Australia

'Mental Illness in the Workplace fills a large void in the existing literature by defining common psychological health conditions and broadening the reader's understanding of how mental health conditions impact in the workplace. It explores current evidence, diagnostic challenges and treatment complexities. The authors articulate and present solid and well-thought-out solutions for prevention and management. Disability Management professionals will benefit greatly from this resource.' Liz R. Scott, Principal/CEO of Organizational Solutions, Canada

About the Author

Dr Henry G. Harder is Professor in the School of Health Sciences and current BC Leadership Chair in Aboriginal Environmental Health, UNBC. He has published widely and made presentations and conducted workshops throughout Canada, the US, Australia and Europe. Dr Shannon Wagner is Professor in the School of Health Sciences, UNBC. She has published widely in the fields of occupational mental health and disability management, and works actively with the stakeholder community to increase knowledge regarding mental health accommodation in the workplace. Mr Josh Rash has degrees in psychology and health psychology. He has been a Research Assistant and Senior Laboratory Instructor in the Department of Psychology, UNBC. He is now a Doctoral Student at the University of Calgary.