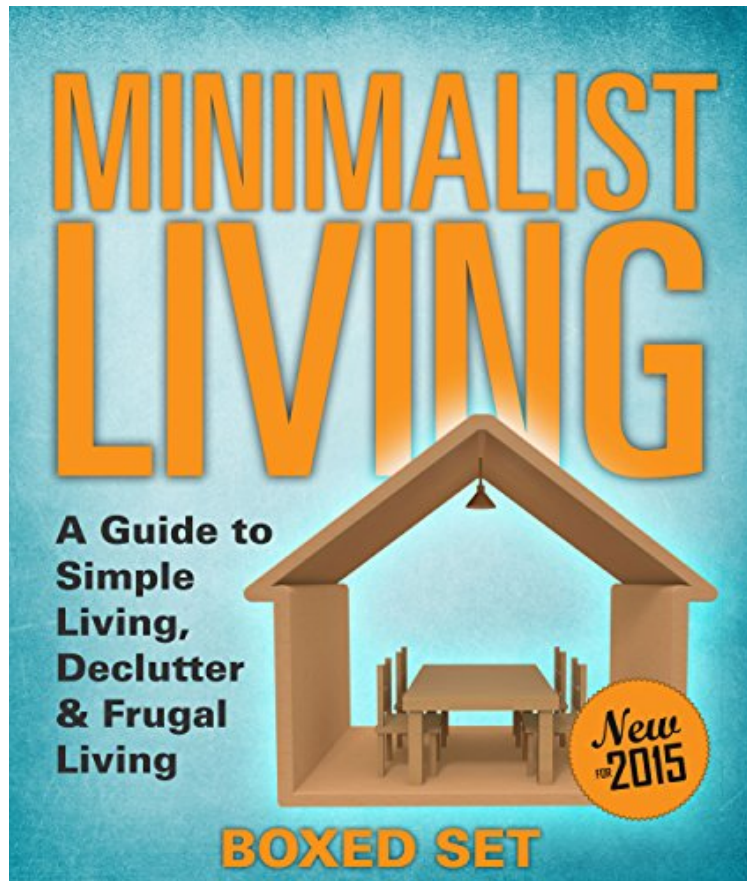


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1 of 1 people found the following review helpful. I have read this book and I like it. This is a good book on the ...By Cruz FamilyI have read this book and I like it.This is a good book on the topic. It is nice that I can access it my phone and read a little bit at a time. It had great things that I could implement.I received this product at a discount in exchange for my honest review. That is exactly what you are getting. I do not feel that I owe the seller a good review for their product. I do feel I owe you the honest review on how I feel about the product and the experience I had with it. I will not give out good reviews unless the product is worthy of it. I pride myself on honest product reviews.This

item earned .My Star Rating Explained: = I hate it. Do not buy this. It is junk and waste of money. = I do not like it. I would not buy this again. This product is not for me. I also may not like it because of the price or a defect in the product. = It is okay. This is a neutral for me. This means nothing bad stood out and also nothing fantastic stood out to me. = I like the product. This is means I would use the product. I feel the product is good in quality and in price. I could see myself purchasing it again. = I love the product. I would buy it again. I would tell friends and family about it if it came up. I think it is a good deal and a quality product. I think it offers something that other similar products do not.*If you have found this review helpful, please hit the button. Thank you!2 of 2 people found the following review helpful. Great Starting Point!By Devan. L.I received this product in exchange for my impartial review of the content.After briefly explaining the benefits of minimalism, the books attempt to bring this perspectives into most avenues of your life. The benefits are revisited in depth at a later point in the content. The primary avenues for adopting a minimalist way of life are presented through:The amount of possessions you haveYour appearanceYour cookingYour financesYour mindThe relationships in your lifeThis set describes how the idea of a minimalist lifestyle is tailored to your current situation and goals.Sure, the set covers the usual facets of watch what you are spending on, check how much you are paying on bills, ETC. What the books offer that is insightful is the call to extend this mindset into all areas of your life.This set offers practical solutions to immediately implement to help you take control of your life. Not only does it offer suggestions, it offers questions to ask yourself when you canrsquo;t always determine what is needed from what is wanted.The point: This set isnrsquo;t going to solve all of your problems, but it does offer techniques to become more comfortable in your life/environment. The tips presented in the books are just what I said earlier, a series of practical life steps you can take to become less attached to your junk. I am sure you could find these tips scattered all over the environment, but having all of the tips in one place really does save time/effort. The set was a quick read; it took me a little over an hour to read all of them. I enjoyed having these tips serve as reminders to what my current goals are in life. I was even more ecstatic that the book comes in Kindle format. I can now hoard it without having it take up any space.The only drawback to the set was the repetitive nature of the tips. The repetition served to remind me of my goal, but essentially you could read one of these books and have the idea.1 of 1 people found the following review helpful. It is okay...By K. RoseThis was a quick read. It was pretty repetitive in some places.This would be good for someone in their early twenties who is just starting to get in to the minimalist lifestyle and wanting to de clutter. It covers two main aspects: living as a minimalist and clearing clutter.My problem with the book is that clearing clutter does not essentially lead to minimalism. It is more of an entire lifestyle and brain switch that leads to the change in lifestyle.There was not much useful information. It was mainly about cleaning and showing you that the clutter somehow reflects your life. So, that living minamalistically will help you clear out your life mentally as well as physically.My goal is to provide a product review that will assist other buyers with their decision on their decision to purchase a product. If you have any questions or comments about my review, please feel free to let me know in the comments below. I will do my best to answer them within 48 hours.I was provided with a discount for this product, I did not receive any monetary compensation, and I am under no obligation to leave a positive review. I am a veteran personal trainer and nutritionist and doula with 10 years experience as well as a degree in Exercise Science. All of the products I review are related to something I use in my career for myself or my clients. The products are reviewed to the best of my personal and professional knowledge.

This boxed set covers how to declutter your home, finances and your personal life for a better and more peaceful existence.