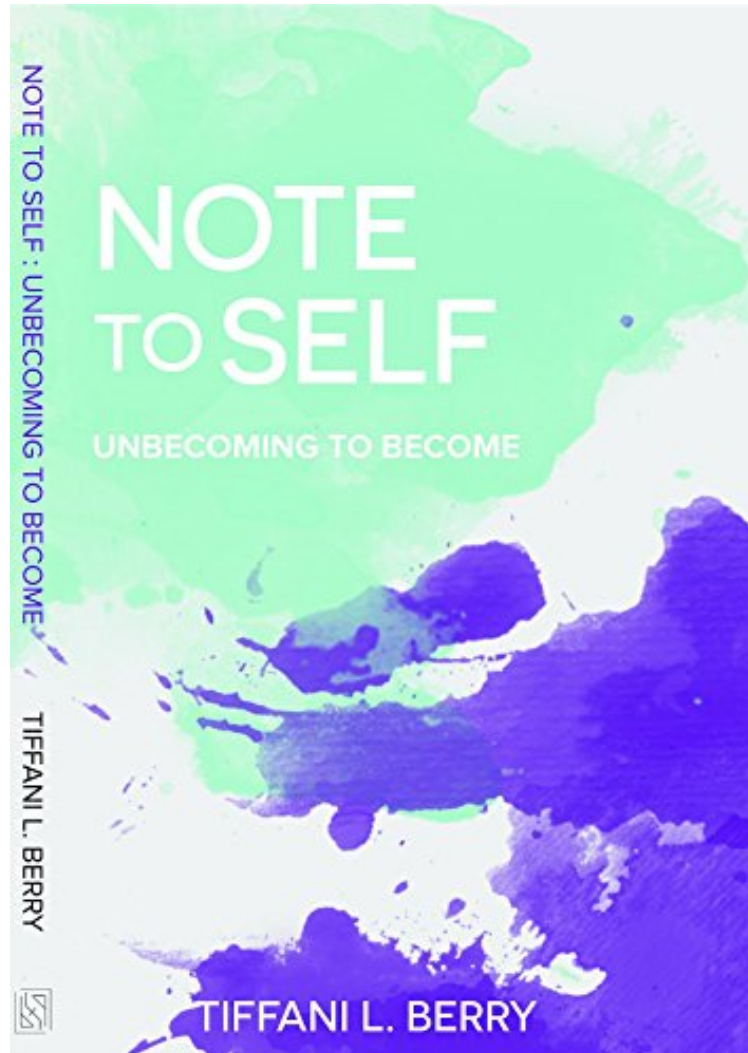


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Note To Self: Unbecoming to Become

Tiffani Latrice Berry

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Tiffani Latrice Berry : Note To Self: Unbecoming to Become before purchasing it in order to gauge whether or not it would be worth my time, and all praised Note To Self: Unbecoming to Become:

How do I get beyond societal messages that hold me back from living out my full potential? Learn to muster the courage to share your authentic self with the world through asking yourself the challenging questions about your identity that you normally shy away from. This book facilitates the process of leaning into what's uncomfortable to ultimately become aligned with what matters most! Join author, Tiffani Berry, on the journey of embracing the LIFE that comes with living out your full potential in all aspects of your life! There are many reasons

to sulk and be discouraged. Tiffani Berry has provided us with a new perspective on living and being the best that we can be. She is truly a master in organizational leadership and this time she is called to lead a mass movement toward self. She has invited us to join her on her journey to self-discovery in order to encourage us to do the same. Her work reminds me of a Sufi Proverb — I searched for God and found only myself. I searched for myself and found only God. This is the work of a lifetime. I encourage you to take the journey with her, God awaits you. Excellent read. I couldn't put it down. Carol Binta, LCPC, NCC, CCDC, at Ephesians Counseling Center, and author, "Civilized Blacks" "Are you ready to step into the REAL you? We spend much of our time walking around with masks on, hiding behind the true essence of who we are. Tiffani Berry so accurately depicts the juxtaposition between living with a mask on, and truly living an authentic life full of purpose. The challenges that come with being the real you are minuscule when compared to the rewards of searching for, finding, and pursuing your true destiny. As we seek God for wisdom and strategy to complete the plans He has for us, books like Note to Self: Unbecoming to Become give us valuable insight and guidance to stay on the path of becoming." Dr. Eboni Bell, author, "The Adorned" series;