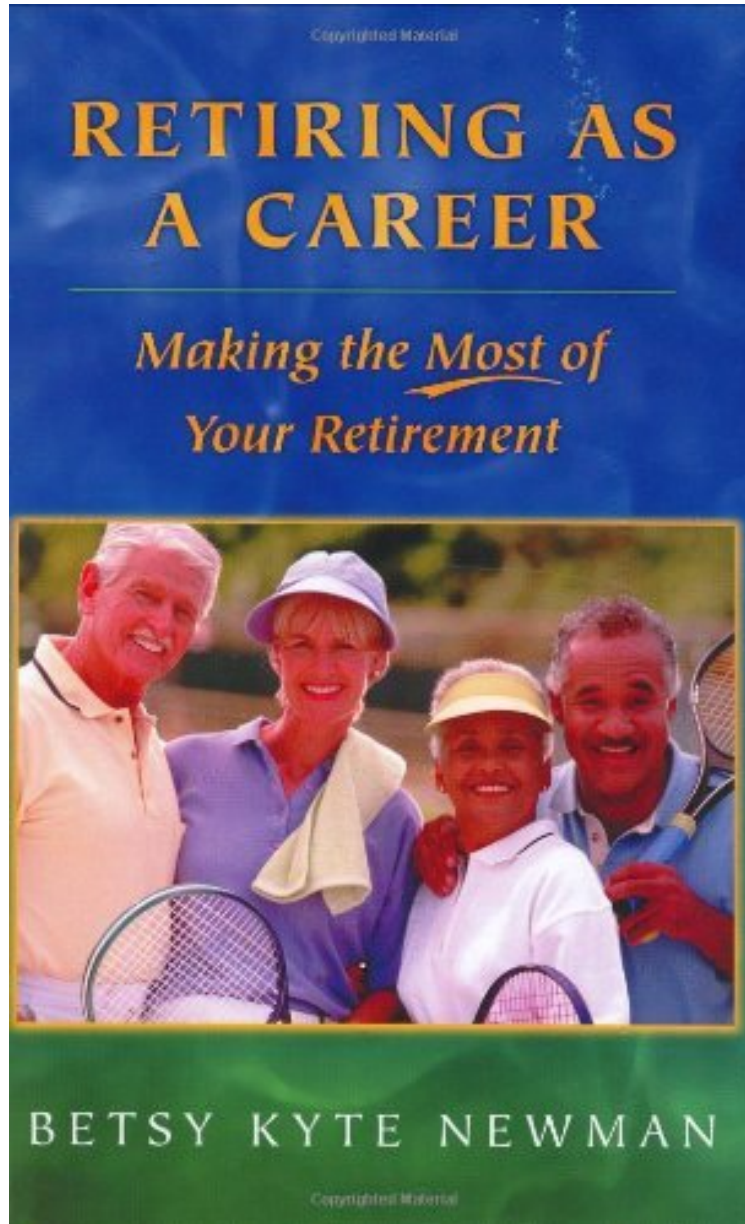


## Retiring as a Career: Making the Most of Your Retirement

*Betsy Kyte Newman*

*\*Download PDF / ePub / DOC / audiobook / ebooks*



DOWNLOAD



READ ONLINE

#2246264 in eBooks 2003-09-30 2003-09-30 File Name: B001EWDFKA | File size: 75.Mb

**Betsy Kyte Newman : Retiring as a Career: Making the Most of Your Retirement** before purchasing it in order to gauge whether or not it would be worth my time, and all praised Retiring as a Career: Making the Most of Your Retirement:

0 of 0 people found the following review helpful. Excellent, helps you reconnect with earlier passions, and put them into volunteering in creative ways By Elizabeth G Very helpful, makes you think more clearly about how you might

want to continue being 'needed' to benefit others, using your skills (from working) or earlier passions you had to give up for the 'daily grind' of earning a living.0 of 0 people found the following review helpful. Yes, life does not end at retirement!By marileeI just retired and, of course, this book was valuable to me because the view is an alternative one versus sitting around doing nothing.It is a major life change and the authors are very helpful in enlightening one to a future of worth and promise.8 of 8 people found the following review helpful. Betsy Newman's Insight and Research into Retirement is Extraordinary!By Robin DziubaWe have been referring to Betsy's book with our Financial Service clients to help them discover how they would like to spend their life transition into a reduced work life or complete retirement. Betsy's book gives the reader insight into how they can design their own "next phase" from a hobbies, activities and emotional perspective. The excercises and exhibits bring them through a thought process and helps design what they truly want their retirement to be, what they don't want to do and helps to frame what is typically a topic we give very little thought to on a practical level. This book is ideal for three groups- baby boomers who would like to retire early or reinvent themselves in another career or business, pre-retirees who have approx. 5-7 years before retirement and those currently in retirement who are "out of sorts" and not feeling successful. Betsy uses insights and thought provoking questions which motivate the reader to take time and give careful thought to what may be the most rewarding time of our lives, and after all, we may be spending more time in retirement than we spent in our working years....

Every year, millions of Americans retireand many of them wonder what went wrong. What they envisioned as a graceful pirouette into the golden years often leads instead to a rude awakening. Why? We all know about financial planning for retirement, but emotional and social planning is just as important. This book deals with the issues of purpose and structure, self-esteem, emotional and social roles, resources, and the special issues of women who retire. Based on the results of a survey of successful retirees, it helps readers to learn from their experiences and benefit from their own hard-won wisdom.In many ways, today's retirees are pioneers, charting new courses for their unprecedented long futures. This book looks at the changing faces, definitions, and models of retirement in order to help those who are looking forward to their own. It enables readers to identify and avoid some of the typical pitfalls of retirement: moving too quickly from a fast-paced schedule to a life of total leisure; giving up home, friends, and community to move to a strange location; expecting your spouse to cooperate with your own retirement plans; and doing too muchor too little.

"Betsy Kyte Newman dispels the notion that retirement is a purely economic event, but rather an important life transition that requires planning and preparation in all areas of life. Retiring as a Career is well researched and insightful--I highly recommend this book."-Carol Anderson President CEO, Money Quotient, Inc."A must read for anyone who hopes to have a successful transition from work to retirement. Betsy Kyte Newman hits the nail right on the head--helping you understand the meaning retirement might have for you, the importance of the need to structure your time, awareness of your self image and other emotional issues, changes in relationships with family and friends, relocation and other housing considerations, and what you might do if you find that retirement isn't working out the way you expected."-Steven S. Shagrin President, Planning for Life "A must read for anyone who hopes to have a successful transition from work to retirement. Betsy Kyte Newman hits the nail right on the head--helping you understand the meaning retirement might have for you, the importance of the need to structure your time, awareness of your self image and other emotional issues, changes in relationships with family and friends, relocation and other housing considerations, and what you might do if you find that retirement isn't working out the way you expected." (Steven S. Shagrin, President, Planning for Life)"Betsy Kyte Newman dispels the notion that retirement is a purely economic event, but rather an important life transition that requires planning and preparation in all areas of life. Retiring as a Career is well researched and insightful--I highly recommend this book." (Carol Anderson, President CEO, Money Quotient, Inc.)About the AuthorBETSY KYTE NEWMAN a consultant in management education and career development, is the Director of Counseling and Career Services in Cincinnati, Ohio. She specializes in career planning, mid-career change, and life transitions.